COLORING BOOK

The Care

Find peace and calm as you color your way to a quieter mind.

VOLUME THREE



Small moments,

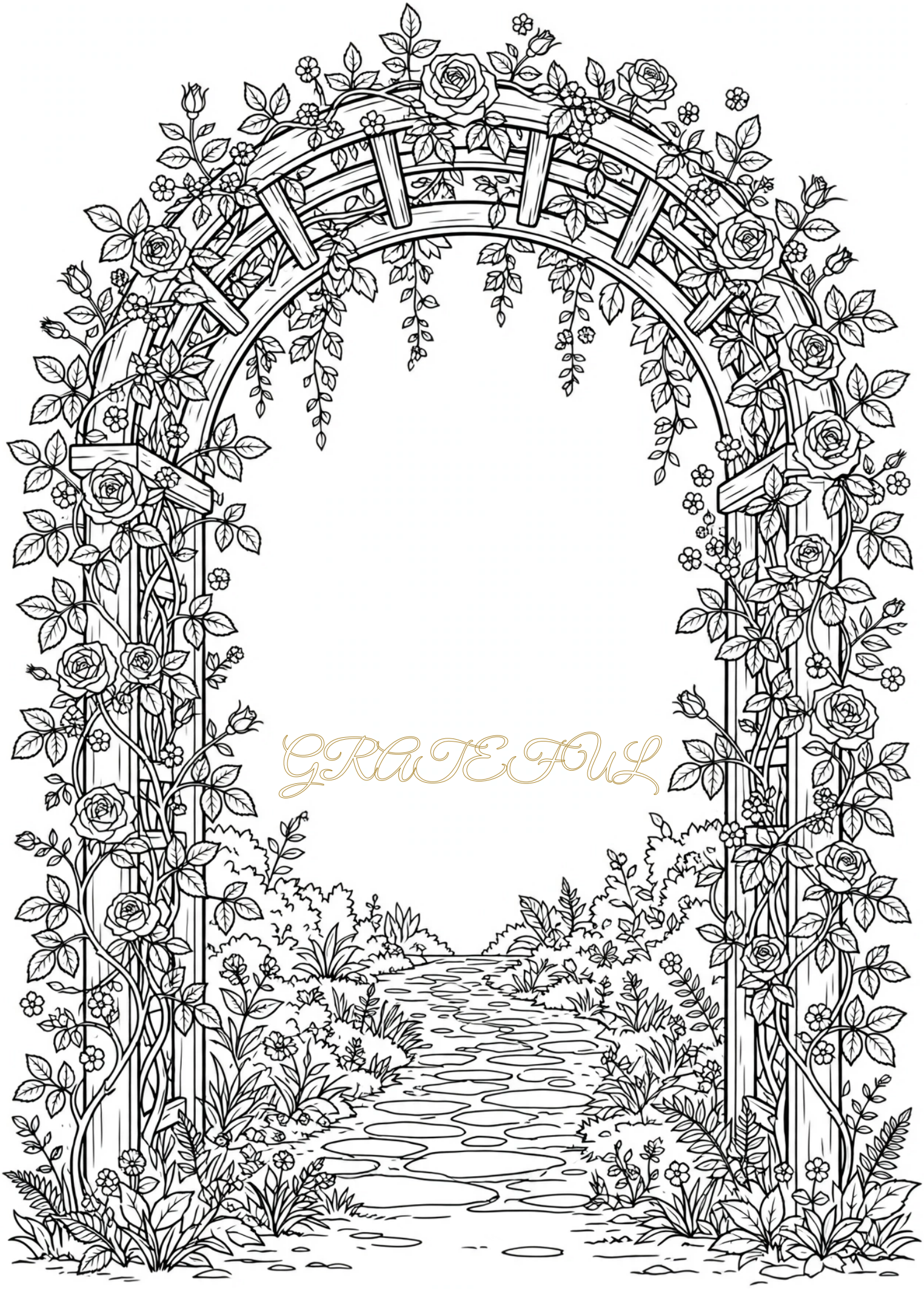
deep gratitude.



Thank you

for today.




GRATEFUL

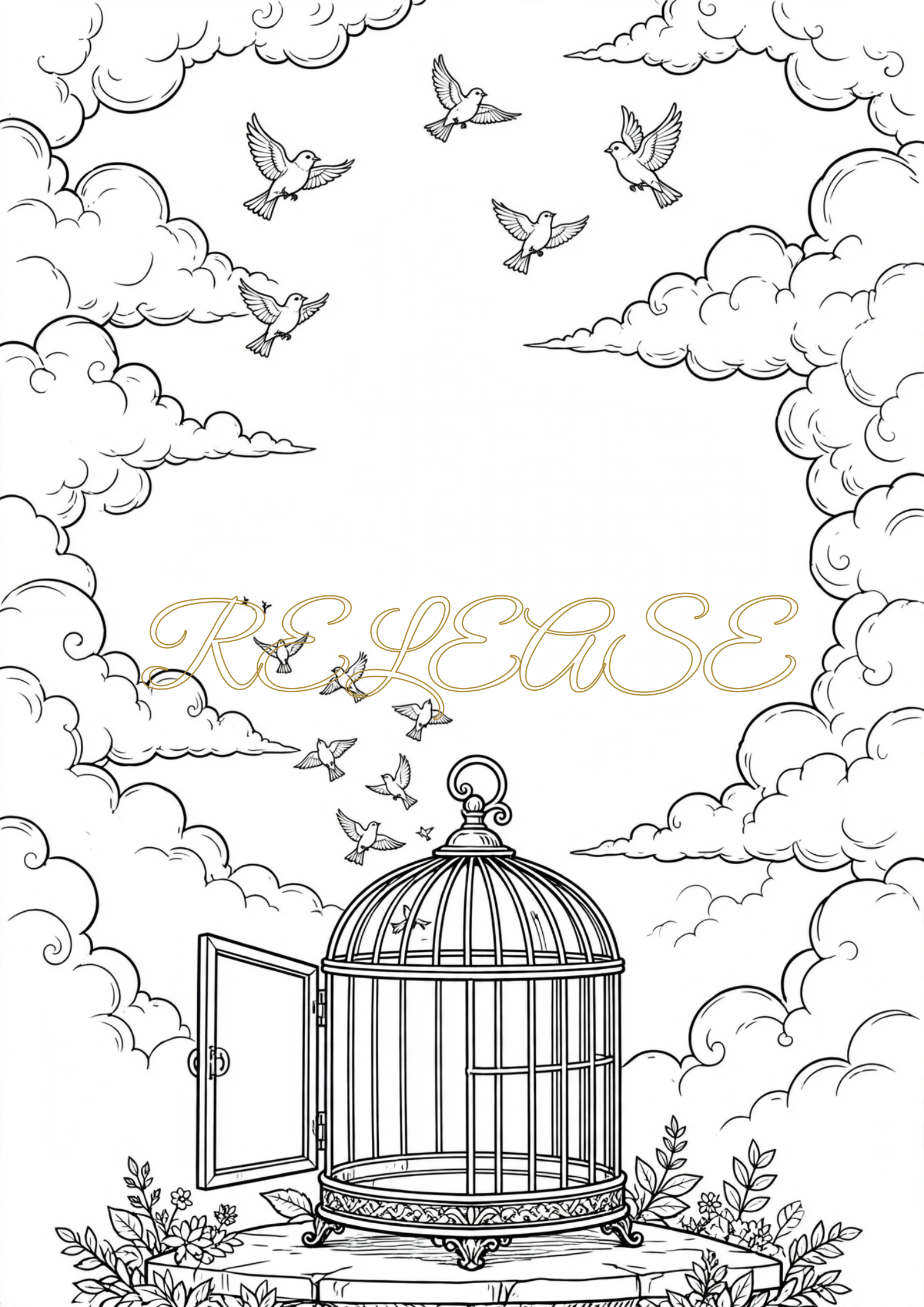
Let go of what
you cannot control.



It is okay to

put it down for now.



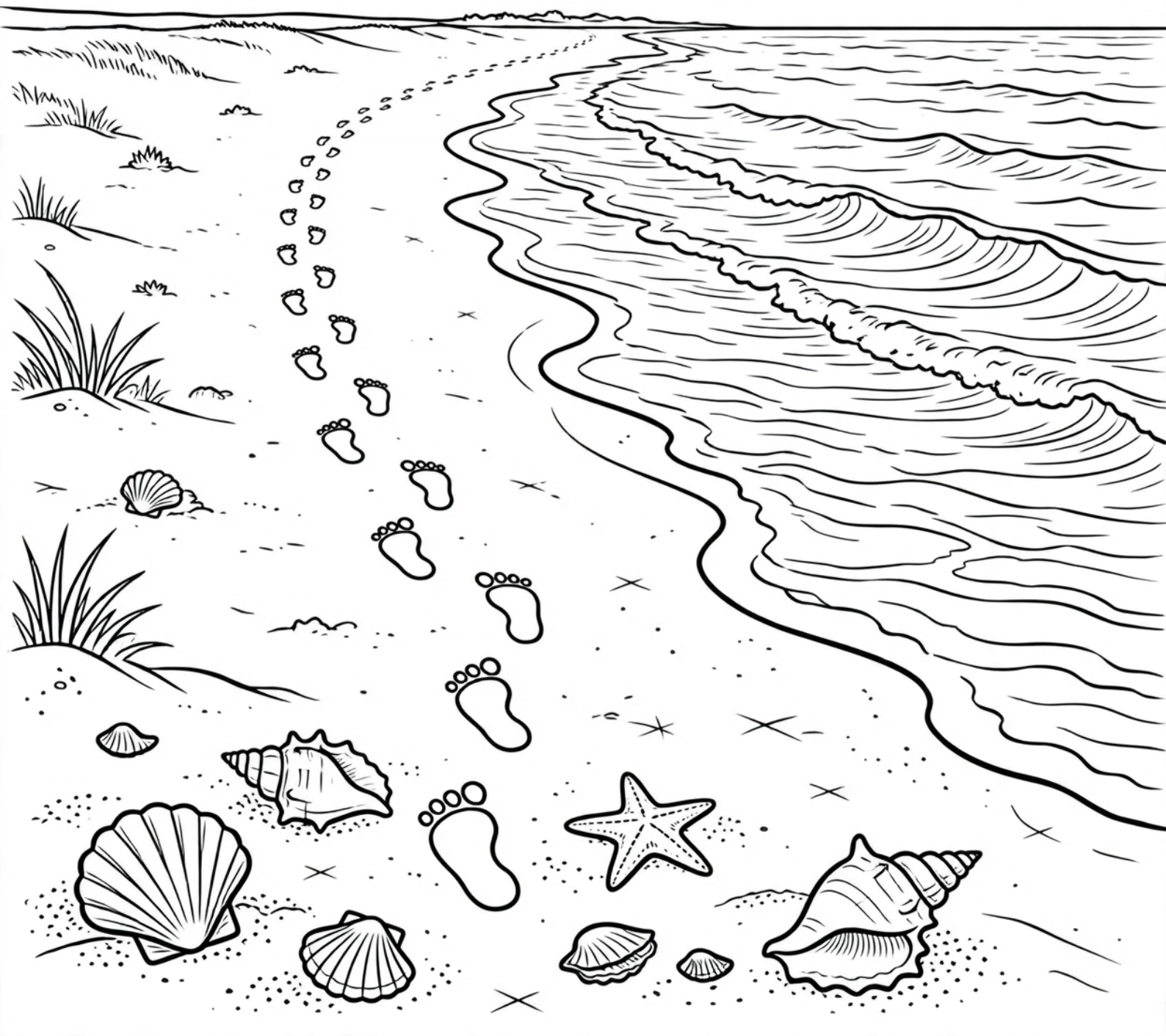

RELEASE

Be kind to yourself, too.



Look how far

you have come.



BE GENTLE WITH YOURSELF



Bloom where

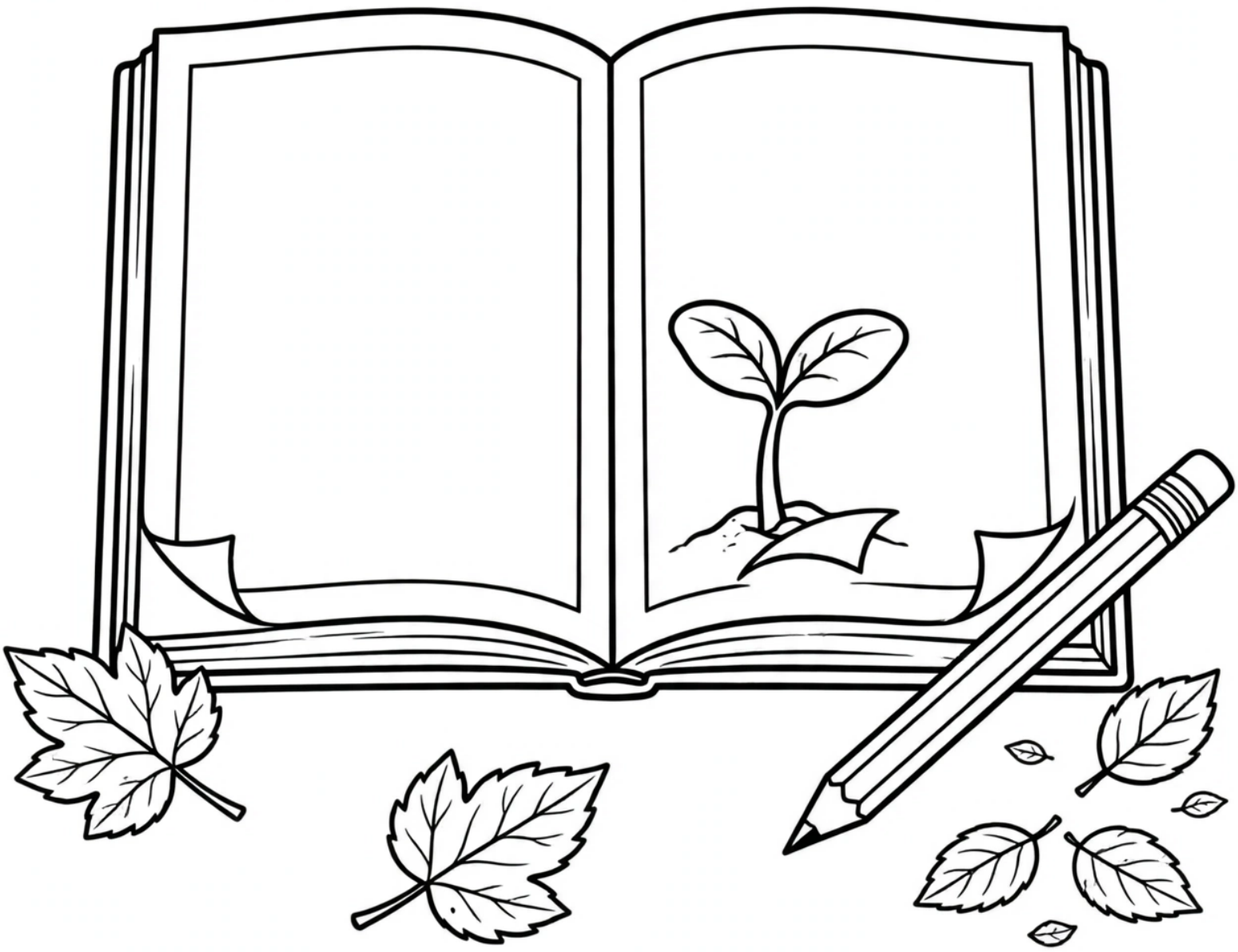
you are planted.



Begin again,

as many times

as you need.



BLOOM

